



# Best Practices for Reentry

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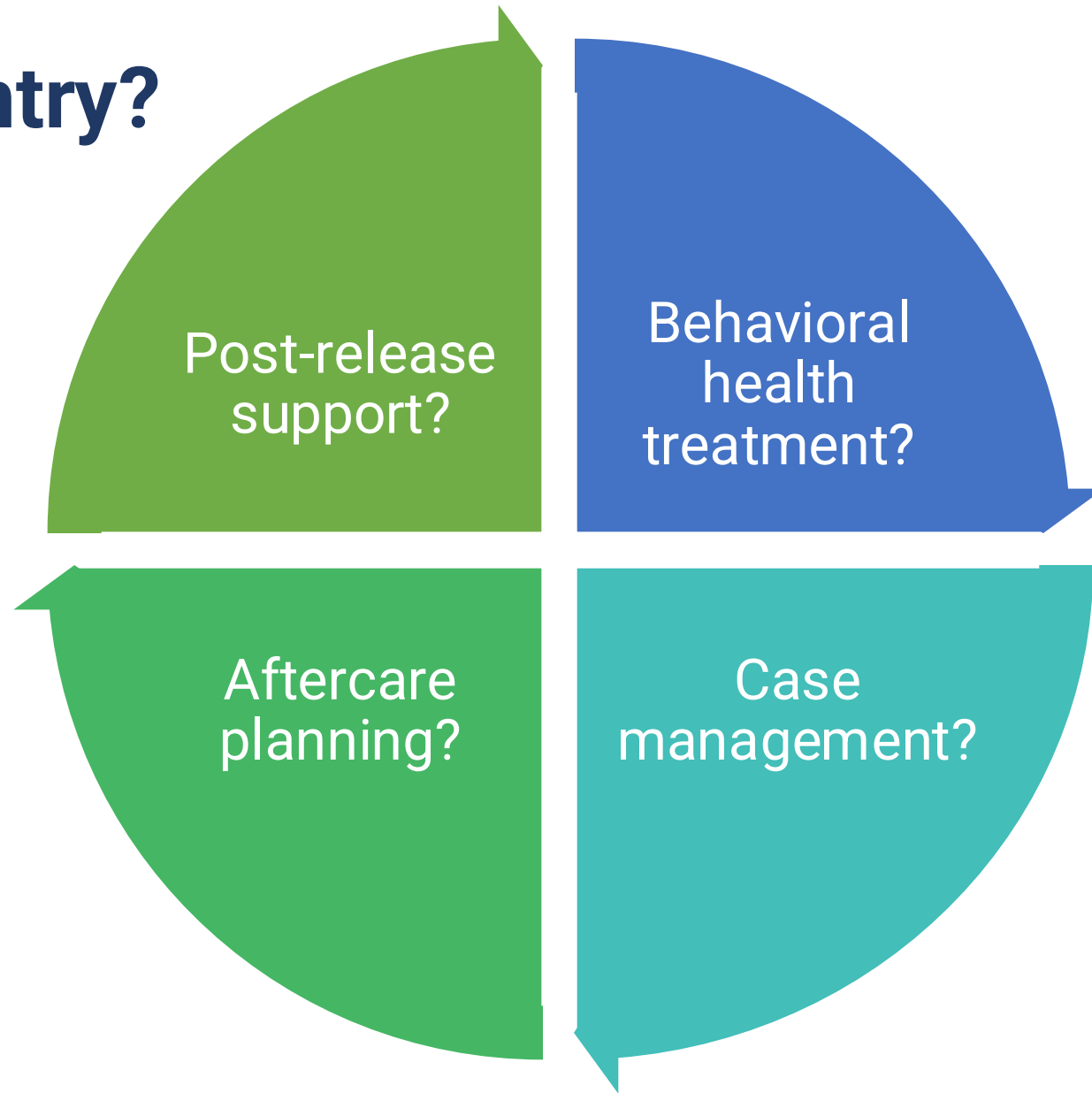
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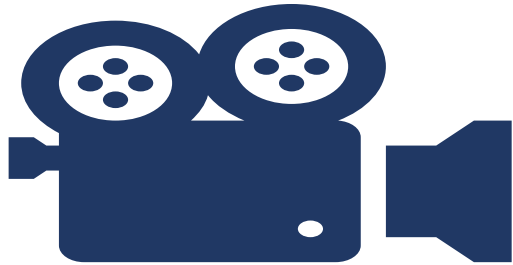
# Whose Job Is Reentry?

# What is Reentry?



# Philosophical Mission for Jails

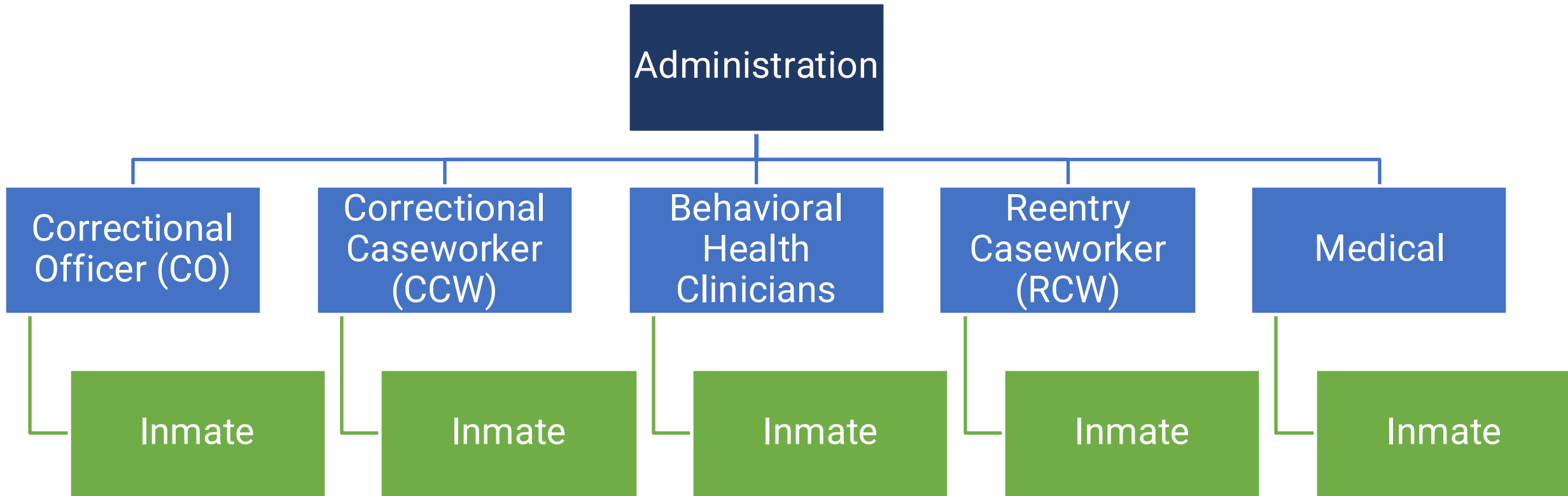
*Reduce recidivism by preparing people to make a successful transition back to the community*



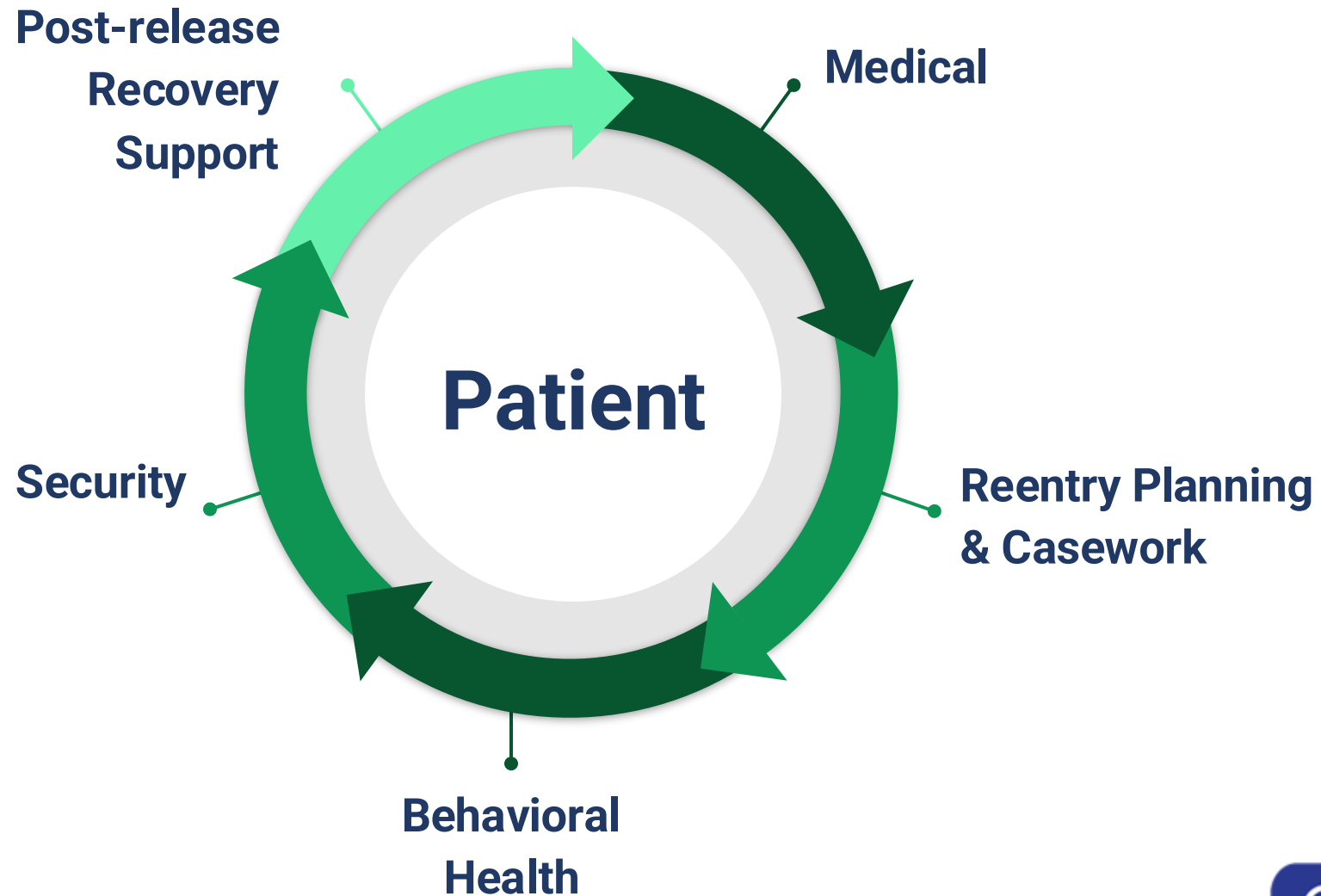
- Provide successful transition to community.
- Provide good in-jail treatment programs.
- Link people to services.
- Collaborate and cooperate with community-based providers.

CNN. (n.d.). *Rehab Jail for Heroin Addicts*. Retrieved February 14, 2024 from <https://youtu.be/YlyzlaeU810?si=bl3wwq5ScBw1C8DR>.

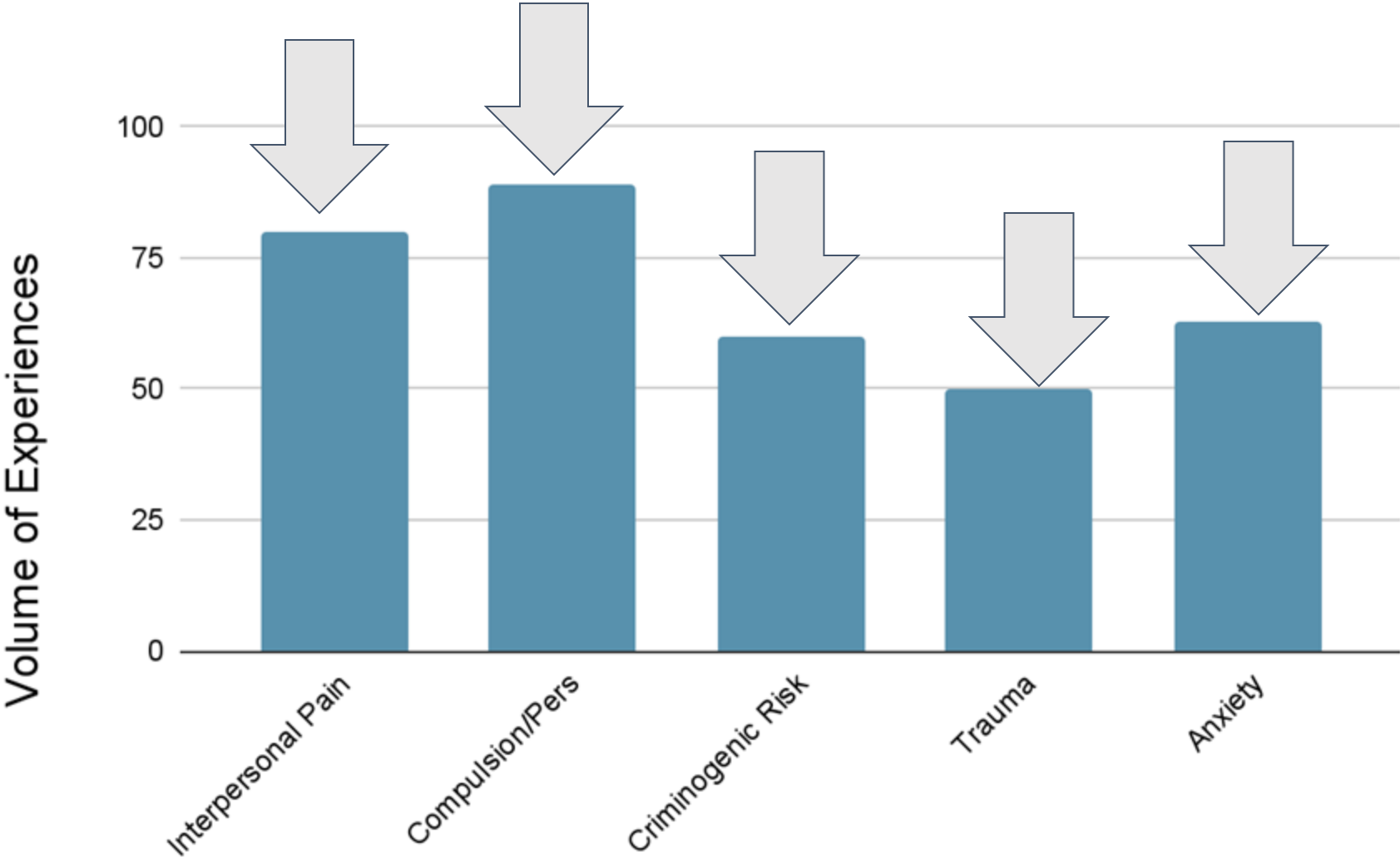
# Restructure of the Old Foundation



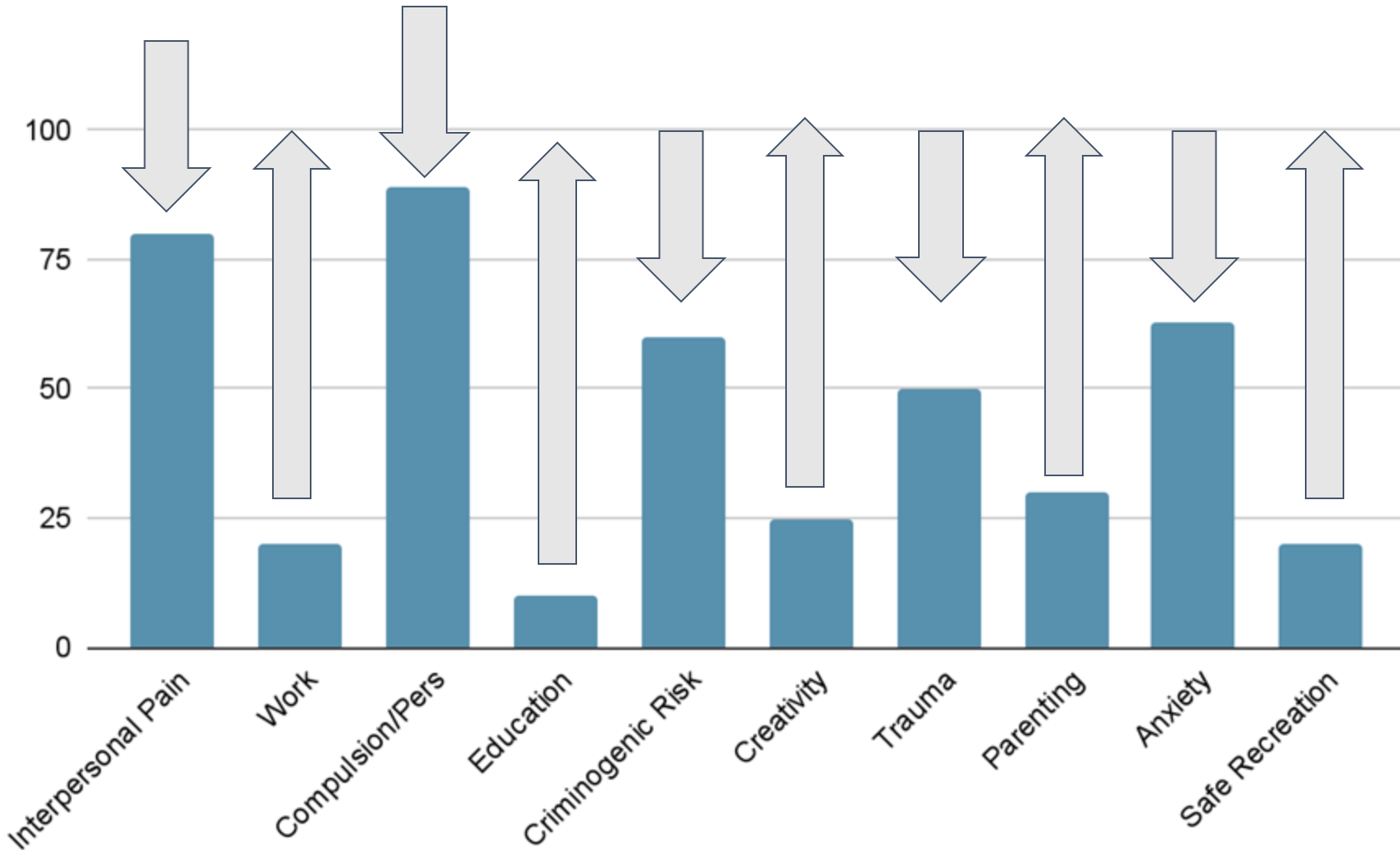
# Integrated Care Model



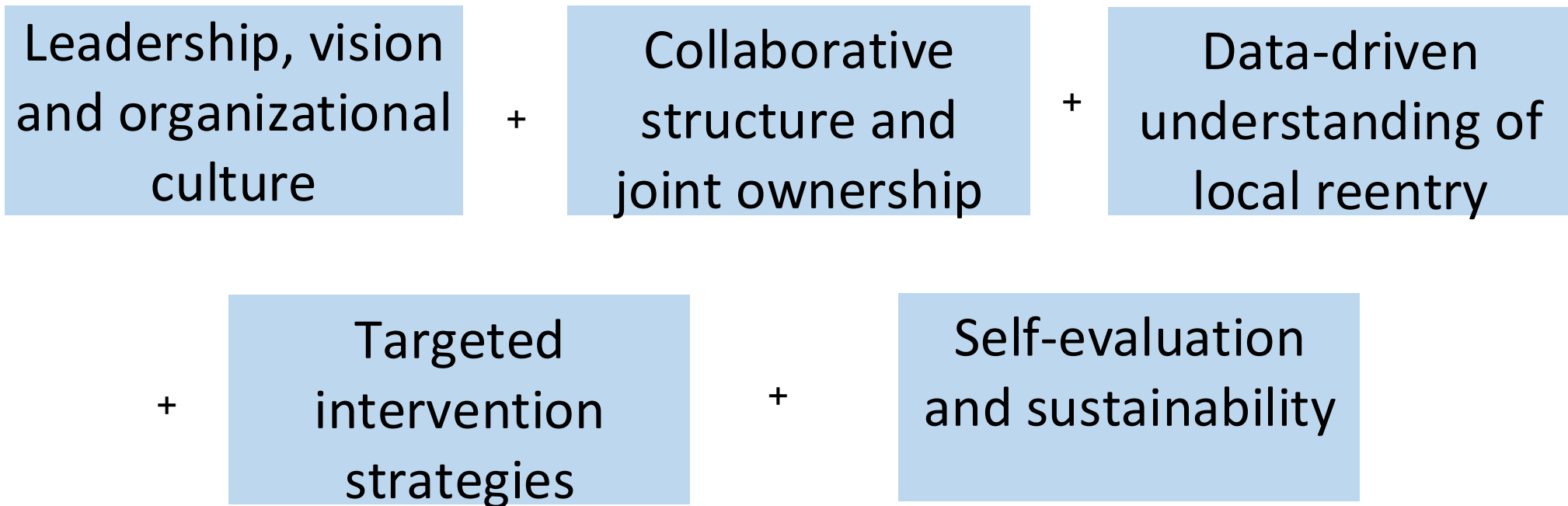
# Typical Strategy: Condition Suppression



# Whole-person Treatment Strategy



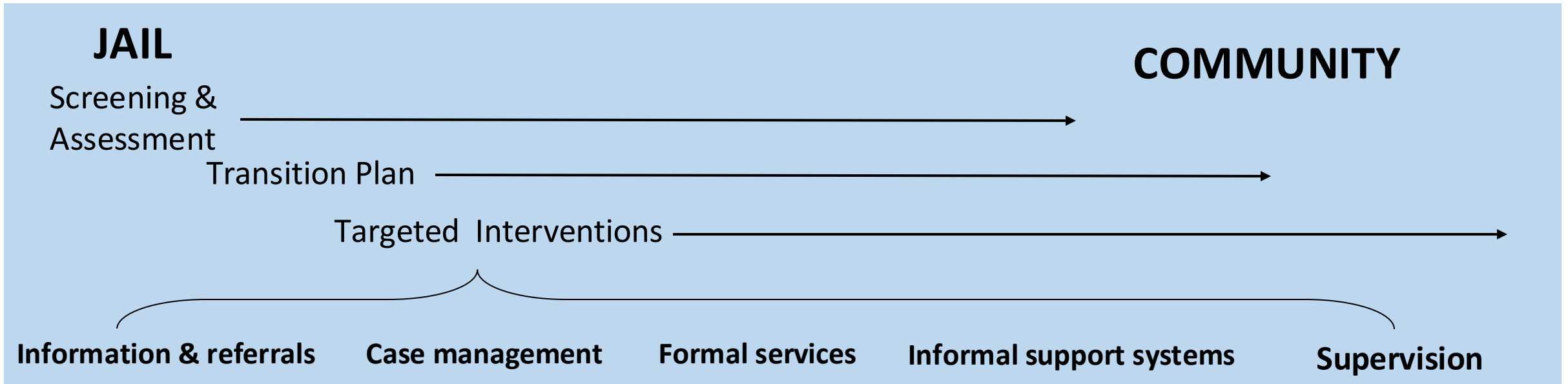
# Transition from Jail to Community Model



National Institute of Corrections. (n.d.). *Transition from Jail to Community (TJC)*. Retrieved February 14, 2024 from <https://nicic.gov/resources/resources-topics-and-roles/topics/transition-jail-community-tjc>.

# Transition from Jail to Community Model

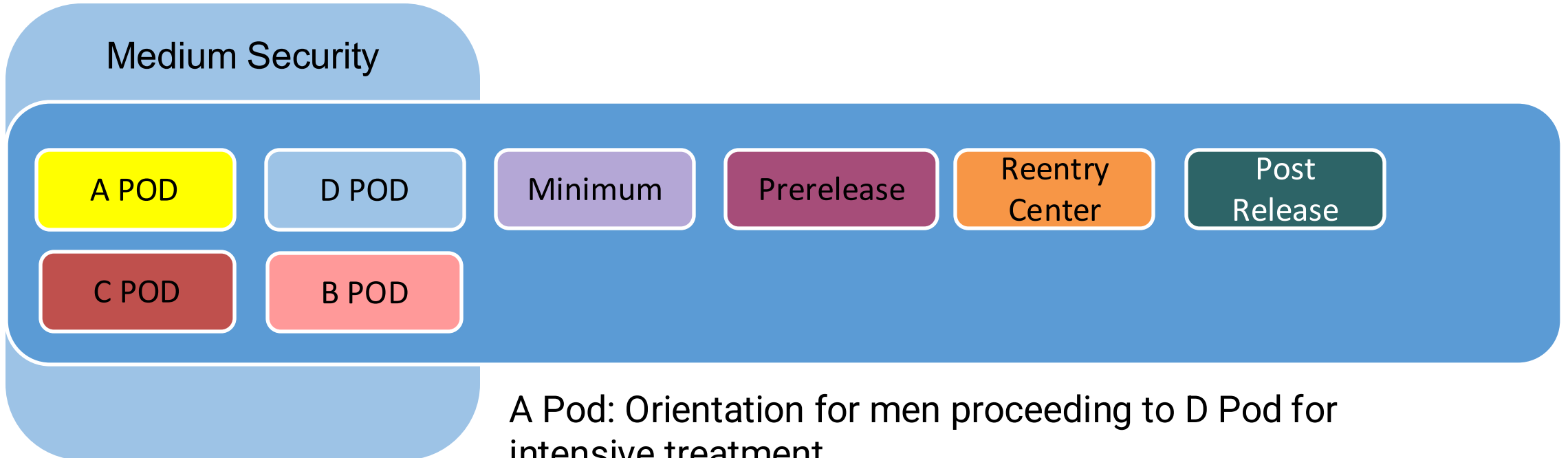
## Targeted Intervention Strategies



National Institute of Corrections. (n.d.). *Transition from Jail to Community (TJC)*. Retrieved February 14, 2024 from <https://nicic.gov/resources/resources-topics-and-roles/topics/transition-jail-community-tjc>.



# Important to Involve Classification in the Process



A Pod: Orientation for men proceeding to D Pod for intensive treatment

B Pod: Women's Intensive Treatment Unit (serves as full continuum of classification)

C Pod: Individuals in pretrial or who are ambivalent about participating in the intensive treatment program

# Casework: Creating a Culture of Reentry

## Medium Security Treatment Unit

A Pod: Orientation

B Pod: Women's Intensive Treatment Unit 

C Pod: Pretrial

D Pod: Medium Security Treatment Unit 

## Minimum Security Treatment Unit

Continued treatment

Additional vocational training opportunities

## Kimball Prerelease House



Transitioning treatment to the community

Focus on job placement

## GPS Bracelet

Integration into the community with continued supervision

**Key to Staff Support**

-  Unit manager
-  Correctional caseworker

# Trauma-informed Recovery Support

- Recovery involves trusting the process.
- The more trauma-informed the environment, the greater success you will have.
- Recovery from addiction is actually recovery from trauma, so it is complicated.



# Trauma-informed Recovery Support



## Key elements

- Informed consent process
- Progressive accountability
- Use of motivational interviewing
- Mix of appetitive vs. adverse behavioral health strategies

# Medical

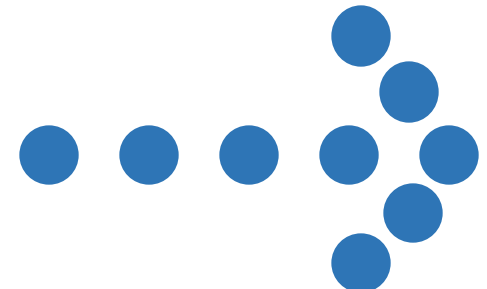
- iCUP, PDMP, COWS

# Behavioral Health

- LS/RNR, Biopsychosocial

# Reentry

- Reentry Checklist



# Casework: Creating a Culture of Reentry



## Promotional Track For Officers

- Correctional Officer →
- Correctional Caseworker → (one per unit)
- Unit Manager (one per unit)

## Licensed Behavioral Health Clinicians

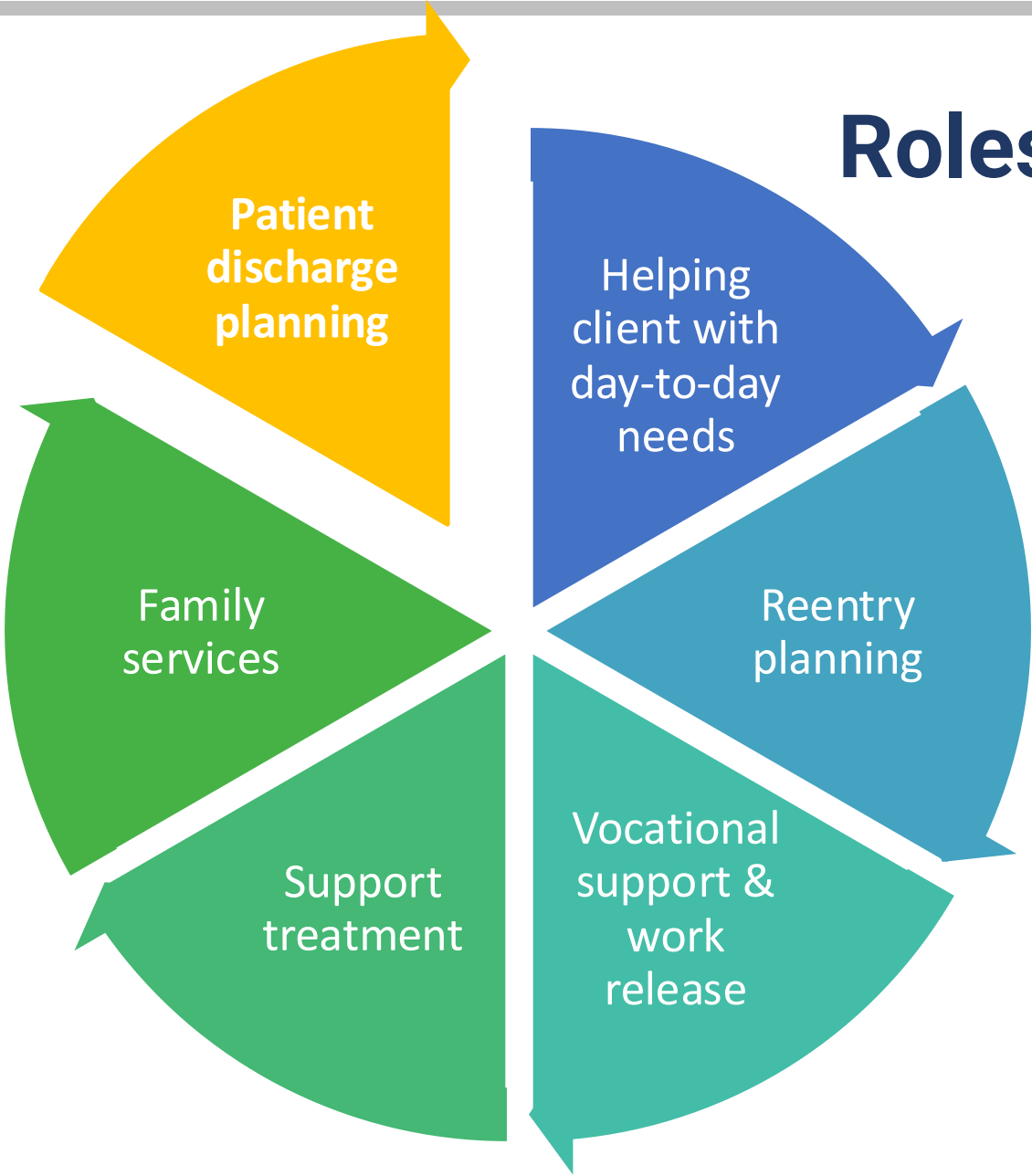
## Reentry Caseworkers

## Addiction Specialists

## Recovery Coaches

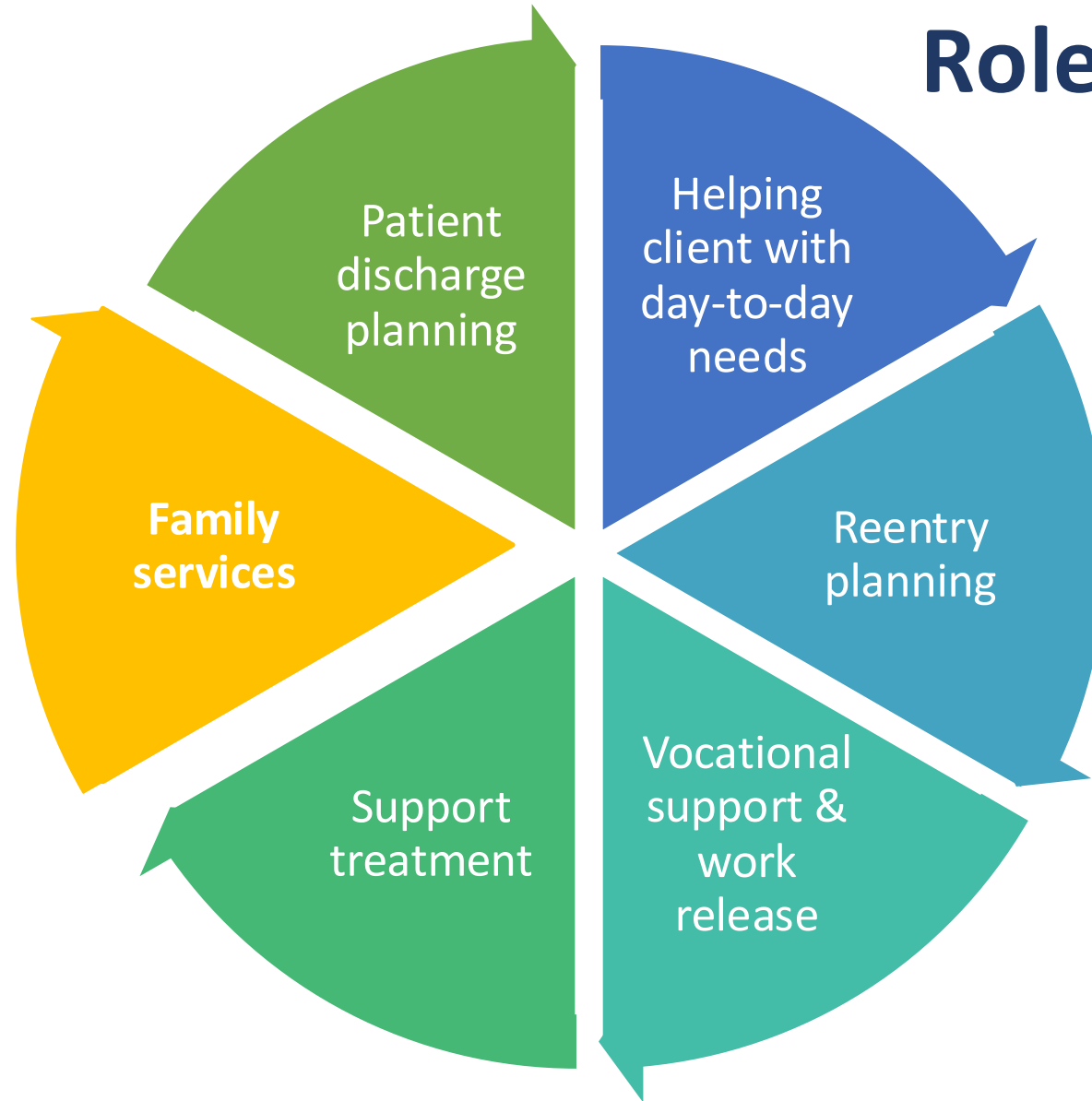
# Roles of Caseworkers

- Coordination of medical discharge
- MOUD
- Primary care, dental, mental health,
- Chronic care

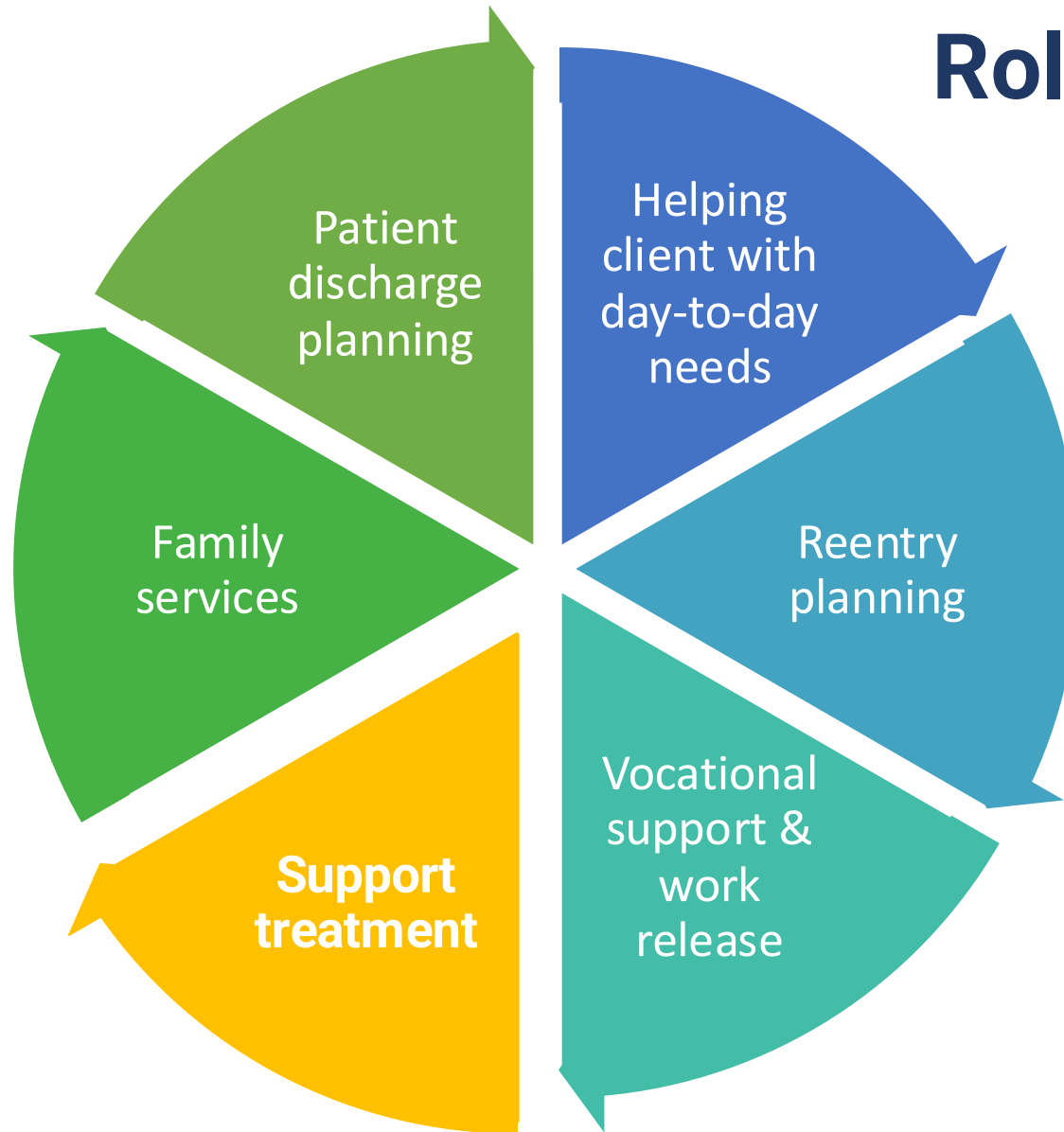


# Roles of Caseworkers

- Contact visits
- DCF coordination
- Family events
- Phone calls with family members (phone/video)
- Connection community-based support (phone/video)



# Roles of Caseworkers



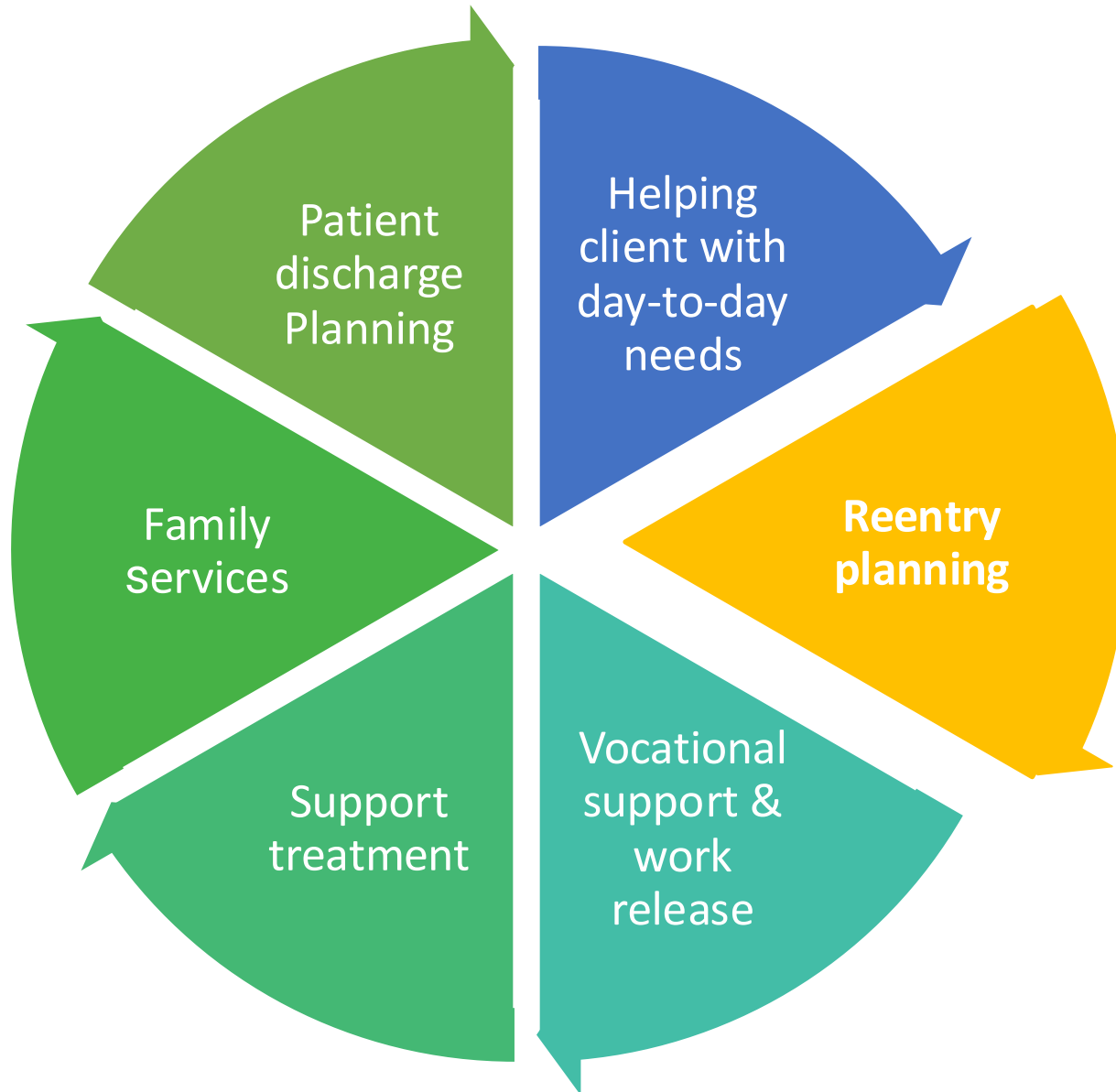
- Informed consent
- Release of information (ROI)
- Co-facilitate groups
- Run milieu-based activities
- Support therapeutic communities

# Roles of Caseworkers



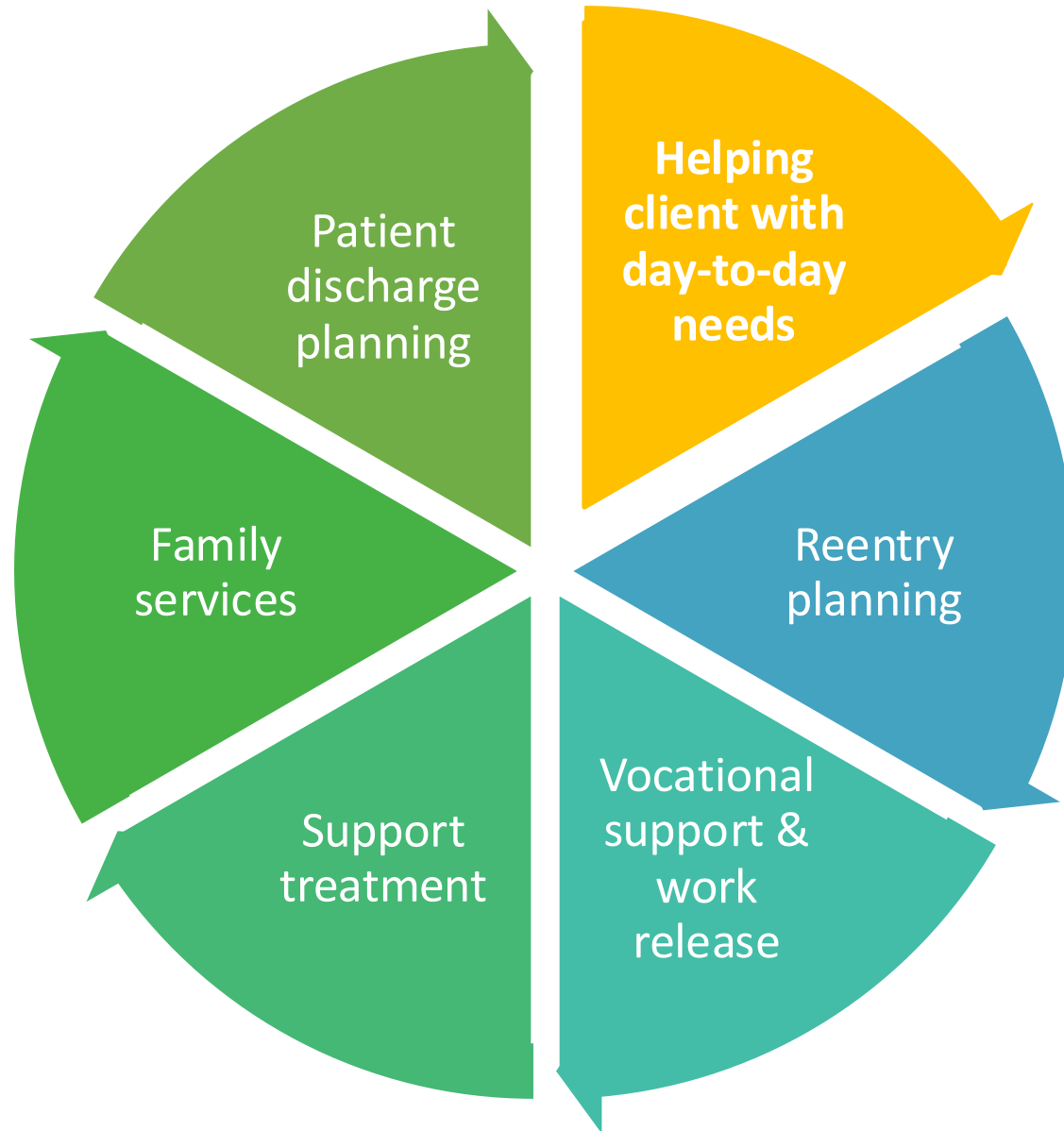
- Job placement
- Job retention

# Roles of Caseworkers



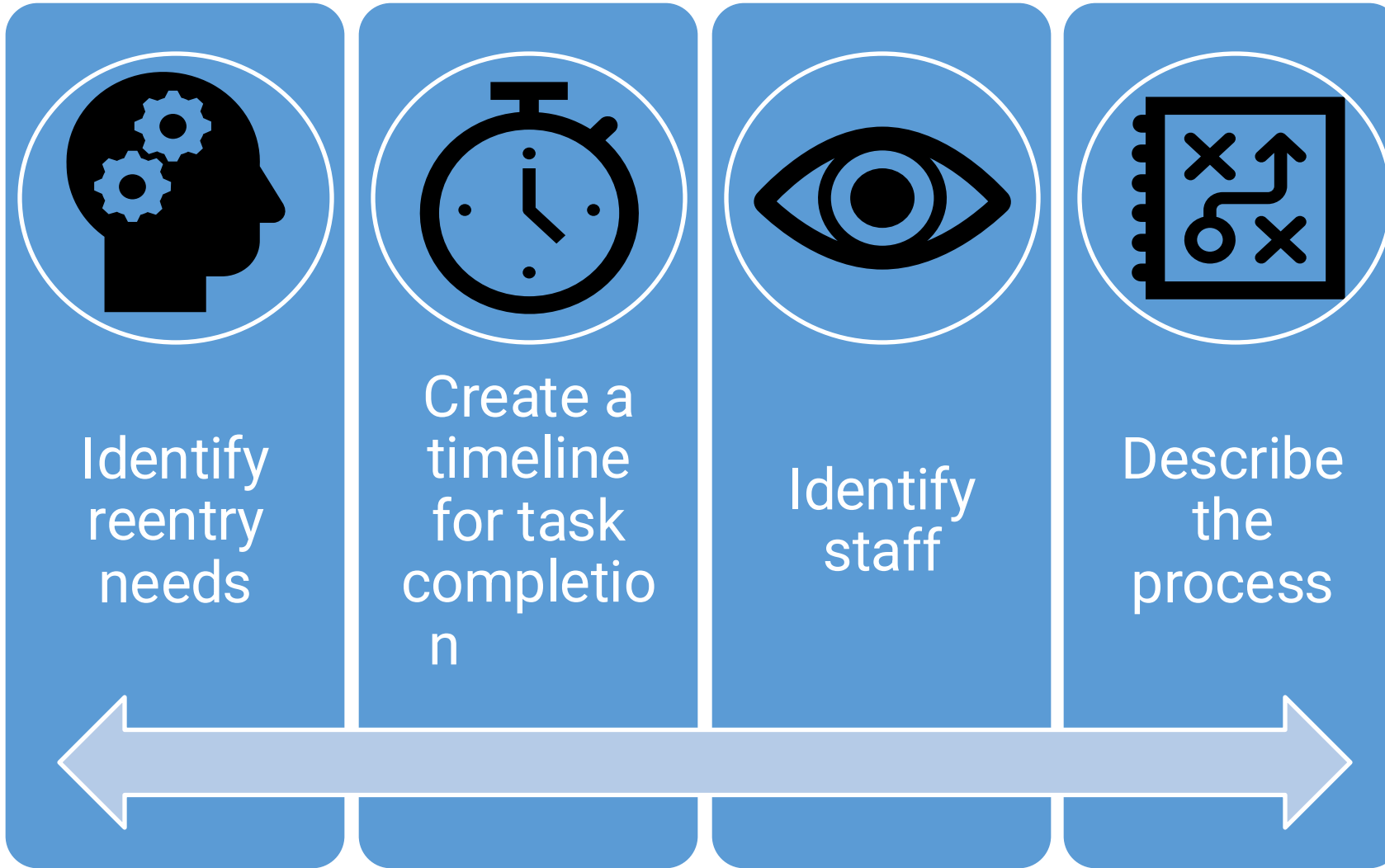
- Completing paperwork
- Recovery housing
- Peer recovery supports
- Health insurance
- Identification documents
- Parole/probation
- Veterans services
- DMH
- Financial
- Clothing vouchers
- Continuing education
- Transportation

# Roles of Caseworkers



- De-escalation
- Group follow-up
- Screenings
- Day-to-day coaching
- Treatment reviews
- Progressive accountability

# Designing the Reentry Workflow



**Initial  
Reentry  
Assessment**

**Ongoing  
Reentry  
Planning**

**Release**

Initial Reentry  
Assessment

Does the client  
need this  
service?

What does the  
team need to  
know to  
complete the  
task?

# Pretrial MOUD Reentry Assessment

## Demographics

- Next court date/attorney/caseworker
- ROI

## Housing & Transportation

- Town/address if known
- Transportation upon release
- Transportation to MOUD community appointment

## Community Supervision

- Supervision conditions
- Probation/parole officer

## Medical/Mental Health

- Health insurance
- PCP/pharmacy/MOUD appointment
- Mental health appointment

## Recovery Support

- AA/NA meetings
- Recovery coach
- Other

# Provide Patient with a Final Reentry Plan

Need	Resource Name	Resource Address	Phone Number	Instructions
Housing	Orange Recovery House	35 Congress St. Orange, MA 01364	978-544-6507	Upon your release, ask your reentry caseworker to drive you to the Orange House.

- ✓ Recovery housing
- ✓ Peer recovery supports
- ✓ Health insurance
- ✓ Identification documents
- ✓ Parole/probation
- ✓ Veteran services
- ✓ DMH
- ✓ Financial
- ✓ Clothing vouchers
- ✓ Continuing education
- ✓ Transportation

- Complete ROI.
- Share this plan with identified supports.
- Collaborate with trial court to acknowledge this reentry plan as a condition.
- Share reentry plan with probation/parole officer.


# Post-release Reentry Services

## Key Elements


- Operate as a team, meaning clients may work with a different team member depending upon staff availability.
- Provide free post-release support.

**The RCW Can Help You With:**

Employment & Education  
Primary Care & Therapy  
Recreational Activities  
Community Resources  
Medication & MOUD  
Probation & Parole  
Community Events  
Recovery Supports  
Health Insurance  
Transportation  
Housing



The RCW program is completely voluntary. All clients participating in the treatment program at FCSO can receive FREE services.




*"From here I feel like I'm not going out with nothing."  
- Program Participant*

Reentry Case Workers  
Jenn Avery:(413) 325-4622  
Jen Brzezinski: (413) 834-3478  
Ruben Mercado-Lugo: (413) 325-6919  
Katrina Spicer: (781) 297-3392  
Rickey Horner: (781) 353-1821

Reentry Office  
413-223-8628

**RCW**  
Post release program



**Reentry Case Work**

# Post-release Reentry Services (cont.)

Probation and parole

Insurance

Therapy appointments

Coaching and problem solving

Medication

Transportation

Employment and educational needs

Recovery support

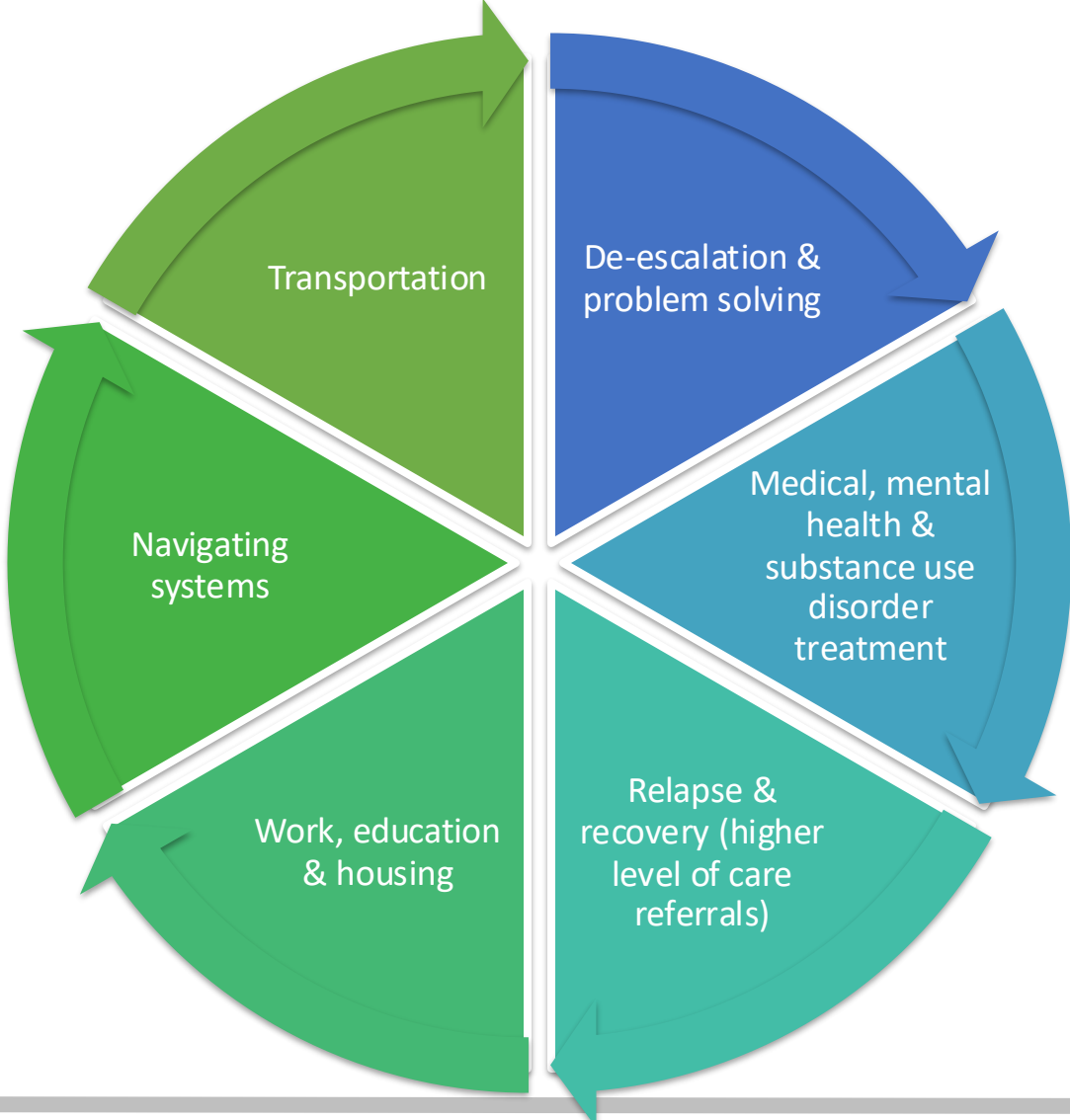
Housing

Medical Appointments

Navigating community resources

Sponsoring community events and recreational activities

# Post-release Reentry Services (cont.)



## Service Components

Motivational Interviewing

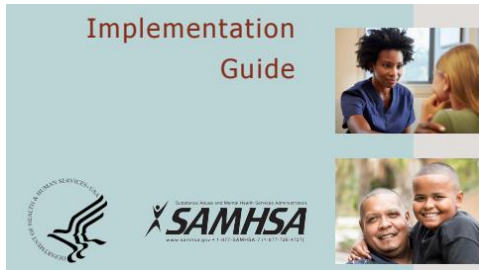
Behavioral Coaching

Process-based Casework

Community-based

Lived Experience

# Resources



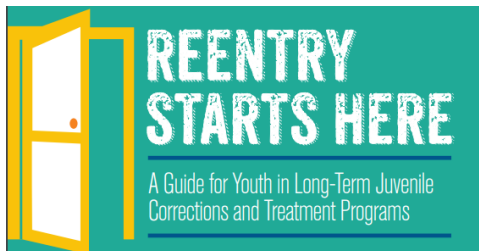
[Guidelines for Successful Transition of People with Mental or Substance Use Disorders from Jail and Prison: Implementation Guide](#)



[A national initiative reducing overincarceration of people with mental illnesses](#)



[The nation's primary source of information and guidance in reentry](#)



[A Guide for Youth in Long-Term Juvenile Corrections or Treatment Programs](#)



# Thank You

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